



Thursday Thoughts

On Intellectual and Developmental Disabilities (I/DD)

Let's Talk **Data**

It is estimated that between 35% and 40% of people with IDD also live with psychiatric disorders.



What Do **We** Know?

11% of individuals with a mental health Episode of Care (EOC) with the DBH have an I/DD diagnosis or an open EOC with the Division of Developmental Disabilities.

The **DBH** Approach:

1. Develop Learning

- Learn from each other
- Enhance competencies through training

2. Enhance Relationships

- Division of Behavioral Health and Division of Developmental Disabilities
- Providers and Stakeholders

3. Explore Funding

- Value - Based Payments
- Align and/or leverage funding sources

Key Principles & Terms:

What is Applied Behavior Analysis (ABA)?

- ABA is the principle intervention modality in DD for skill development

What can ABA practitioners do?

- Assess & determine environmental contributors to problem situations, including history of maltreatment or coercion, motivation, & skill deficits
- Target treatment based on the individual's contextual needs
- Effectively teach new skills to people, including non-standard learners
- ABA practitioners cannot assess or diagnose mental health disorders nor can they target treatment based on mental health (i.e., DSM) diagnosis

For more information: [Applied Behavior Analysis \(ABA\) Services | dmh.mo.gov](https://dmh.mo.gov/services)